

Learning Diverse Bimanual Dexterous Manipulation Skills from Human Demonstrations

Bohan Zhou, Haoqi Yuan, Yuhui Fu, Zongqing Lu

01/22/2026

Motivation



Bimanual manipulation is fundamental for everyday tasks.

- "symmetry" collaborative tasks (e.g. lifting a heavy box)
- "asymmetry" tasks (e.g. twisting a bottle cap)

Bimanual robotic dexterous manipulation is largely unexplored.

- High DOF (e.g. Shadow Dexterous Hand DOF=5+4*4+6=27)
- **Coordination** (e.g. wringing towels, sewing clothes, playing the piano, tying shoelaces, assembling parts)
- **Few Benchmarks** (e.g. Bi-DexHands [1], more focus on single hand / grippers)



We would ask:

"Can we learn diverse bimanual dexterous manipulation skills in a unified and scalable way?"

[1] Chen, Yuanpei, et al. Towards human-level bimanual dexterous manipulation with reinforcement learning. NeurIPS 2022.

Introduction



Our answer:

A unified and scalable framework, generally learning diverse bimanual dexterous manipulation skills from human demonstrations

Feature	BiDexHD	Related Work
Task Design	Automatically construct diverse bimanual tasks from human demonstrations	Focus on existing benchmarks or a limited range of tasks
Solution	Generally-designed two- stage reward function	Task-specific reward engineering



BiDexHD is evaluated across **141** constructed tool-using tasks over **6** categories from **TACO** dataset and **11** collaborative tasks from **ARCTIC** dataset, demonstrating zero-shot capabilities and scalability.

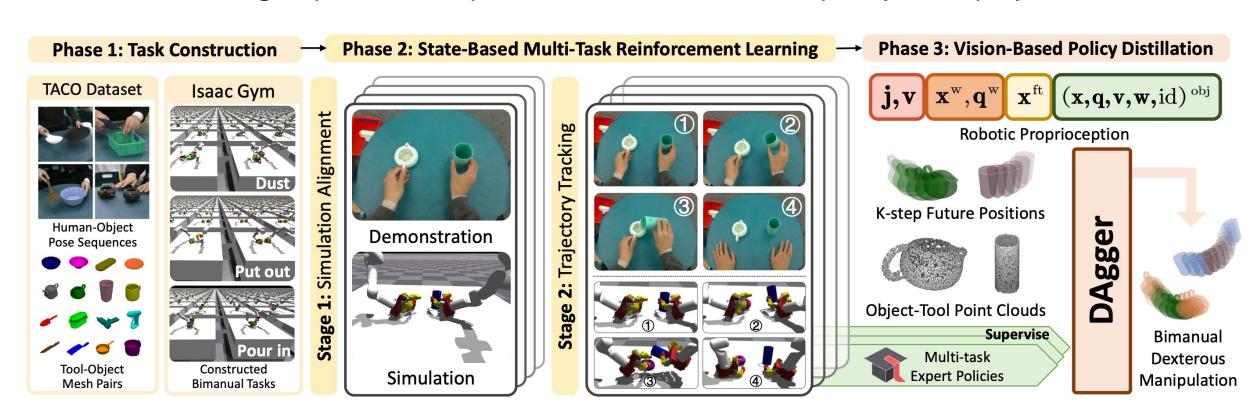
Methodology



Phase 1: Constructing individual bimanual tasks from human demonstrations parallelly

Phase 2: Learning diverse state-based policies via multi-task reinforcement learning

Phase 3: Distill a group of learned policies into a vision-based policy for deployment

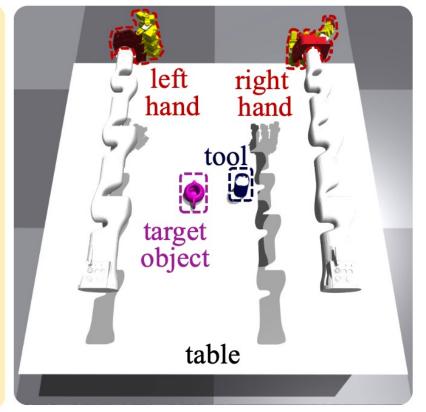


Phase 1: Task Construction



- Initial Joint angles & velocities: zero. (States
 of wrist and fingertips are calculated from
 forward kinematics.)
- Initial object poses: sampled from a fixed
 Gaussian distribution.
- Hand Joint angles: optimized from human fingertip positions via AnyTeleop.
- Arm joint angles: calculated from human wrist pose via IK based on the robot's palm base pose.

Simulation Initialization ö Stage



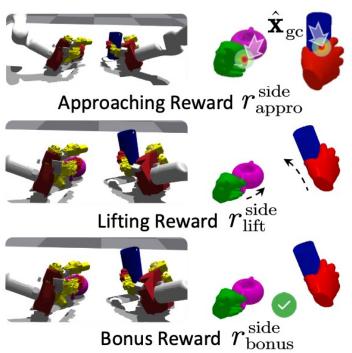
Phase 2: Multi-Task RL

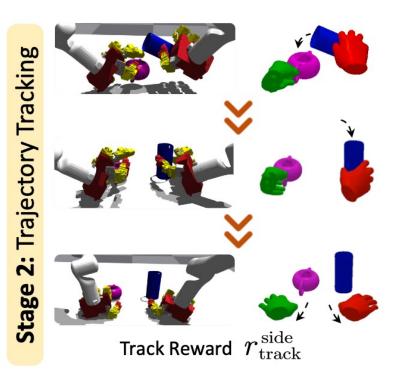


- Target: learning a state-based policy for tasks that require similar behaviors via multitask reinforcement learning
- Insight: object-centric, generalizable skill learning from the object poses, without additional pre-grasp poses estimated upon manipulated objects

left right hand hand tool target object

Stage 1: Simulation Alignment





Phase 2: Multi-Task RL



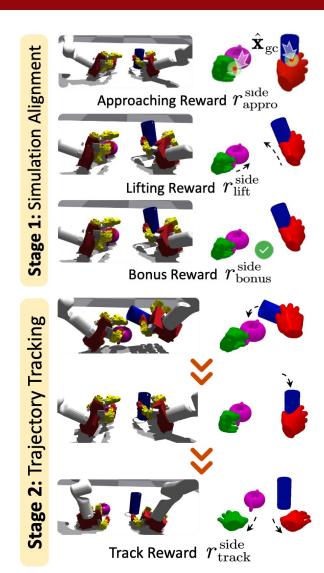
Stage 1. Simulation Alignment

Align the state of simulation to the first step in a trajectory by moving the tool or the target object from the initial pose to au_0

- The left hand: approach, grasp or stabilize the target object
- The right hand: approach, grasp and hold the tool
- Success Detection: both objects reach the specified pose for a sustained u-step duration

Stage 2. Trajectory Tracking

Both hands are expected to maintain their hold and **ensure the objects follow their pre-defined trajectories** from the human demonstration dataset to perform the manipulations in sync.



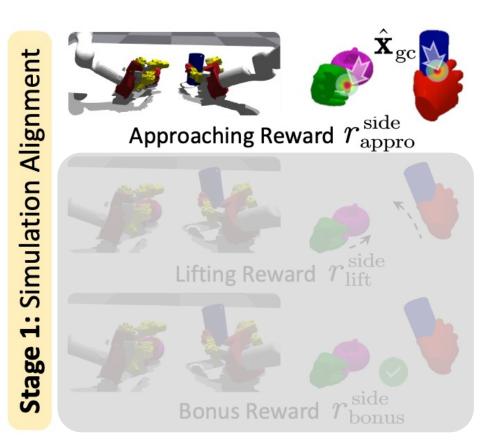
Phase 2: Simulation Alignment



1. **Approaching Reward**: encourages both dexterous hands to approach and remain near their grasp centers

$$r_{\text{appro}}^{\text{side}} = -\|\mathbf{x}_t^{\text{side,w}} - \hat{\mathbf{x}}_{\text{gc}}^{\text{obj}}\|_2 - w_r \sum_{m}^{m} \|\mathbf{x}_t^{\text{side,ft}} - \hat{\mathbf{x}}_{\text{gc}}^{\text{obj}}\|_2$$
where
$$\hat{\mathbf{x}}_{\text{gc}}^{\text{obj}} = \frac{1}{L} \sum_{m} NN \left(\mathcal{P}, L, \frac{\hat{\mathbf{x}}_0^{\text{side,w}} + \sum_{m}^{m} \hat{\mathbf{x}}_0^{\text{side,ft}}}{m+1} \right)$$

Grasp center: first compute the mean of wrist & fingertip position at τ_0 as an **anchor**, then uniformly sample 1,024 surface points from the object mesh and take the **centroid of the top-L nearest** samples



Phase 2: Simulation Alignment



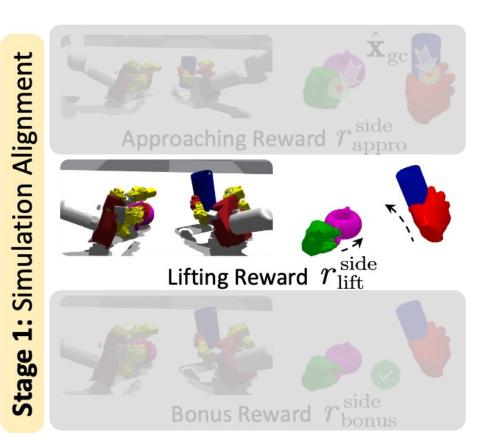
2. **Lifting Reward**: encourages holding objects tightly in hands and lifting to desired reference poses

$$r_{\text{pos}}^{\text{side}} = \max \left(1 - \frac{\|\mathbf{x}_{t}^{\text{obj}} - \hat{\mathbf{x}}_{0}^{\text{obj}}\|_{2}}{\|\mathbf{x}_{0}^{\text{obj}} - \hat{\mathbf{x}}_{0}^{\text{obj}}\|_{2}}, 0 \right)$$

$$r_{\text{quat}}^{\text{side}} = -\mathbb{D}_{\text{quat}} \left(\mathbf{q}_{t}^{\text{obj}}, \hat{\mathbf{q}}_{0}^{\text{obj}} \right)$$

$$r_{\text{lift}}^{\text{side}} = \left(r_{\text{pos}}^{\text{side}} + w_{q} r_{\text{quat}}^{\text{side}} \right) \cdot \mathbb{I} \left(\|\mathbf{x}_{t}^{\text{side,w}} - \hat{\mathbf{x}}_{\text{gc}}^{\text{obj}}\|_{2} \le \lambda_{\text{w}} \right) \cdot$$

$$\mathbb{I} \left(\sum_{t=0}^{\infty} \|\mathbf{x}_{t}^{\text{side,ft}} - \hat{\mathbf{x}}_{\text{gc}}^{\text{obj}}\|_{2} \le \lambda_{\text{ft}} \right)$$



Phase 2: Simulation Alignment



3. **Bonus Reward**: incentivizes the target object or the tool to keep staying at their reference poses

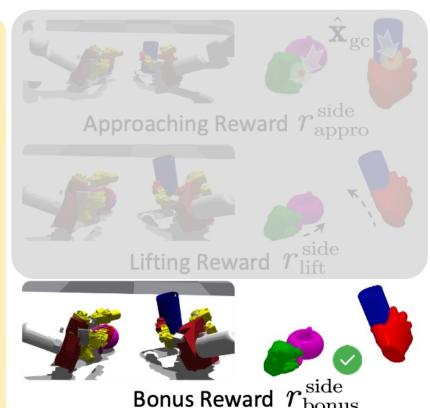
$$r_{\text{bonus}}^{\text{side}} = \begin{cases} \frac{1}{1 + \|\mathbf{x}_t^{\text{obj}} - \hat{\mathbf{x}}_0^{\text{obj}}\|_2} & \text{if } \mathbb{I}\left(\|\mathbf{x}_t^{\text{obj}} - \hat{\mathbf{x}}_0^{\text{obj}}\|_2 \le \varepsilon_{\text{succ}}\right) \\ 0 & \text{otherwise.} \end{cases}$$

Stage one is considered successful only if both $r_{
m bonus}^{
m left}$ & $r_{
m bonus}^{
m right}$ are positive for at least u consecutive steps

The total alignment reward is the linear weighted sum

$$r_{\text{align}}^{\text{side}} = w_1 r_{\text{appro}}^{\text{side}} + w_2 r_{\text{lift}}^{\text{side}} + w_3 r_{\text{bonus}}^{\text{side}}$$





Phase 2: Trajectory Tracking



Tracking Reward: encourages the dexterous hands to precisely track the desired positions at each timestep in a trajectory starting from the reference timestep

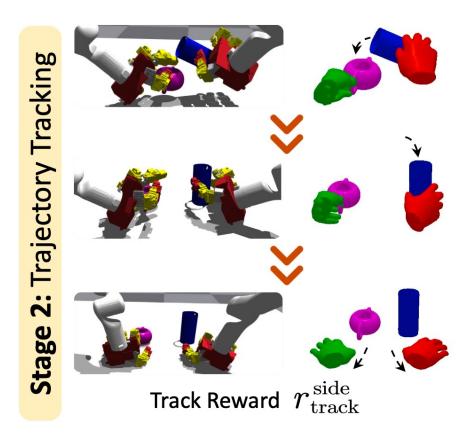
$$r_{\text{track}}^{\text{side}} = \begin{cases} \exp\left(-w_t \|\mathbf{x}_{t_i}^{\text{obj}} - \hat{\mathbf{x}}_i^{\text{obj}}\|_2\right) & \text{if stage 1 succeeds} \\ 0 & \text{otherwise.} \end{cases}$$

Tracking frequency *f* addresses human-robot gap:

$$i = \lceil t_i/f \rceil \in [0, l)$$

We adopt **IPPO** to learn a unified policy from:

$$r_{\text{total}}^{\text{side}} = r_{\text{align}}^{\text{side}} + w_4 r_{\text{track}}^{\text{side}}$$



Phase 3: Policy Distillation



Under the supervision of a group of state-based teacher policies, for each task category $\nu \in V$, We employ **Dagger** to distill vision-based $\pi_{\phi}^{\text{side}}(\mathbf{a}_t^{\text{side}}|\mathbf{o}_t^{\text{side}},\mathbf{p}_t^{\text{side}},\mathbf{a}_{t-1}^{\text{side}})$

• Object Pose o Object PointClouds $\mathbf{p}_t^{\mathrm{side}} \in \mathbb{R}^{K imes 3}$

Pre-sample 4,096 surface points per object mesh; at each timestep, draw a subset, transform them by the current object pose, and add Gaussian noise for robustness

• Future Object Positions $\operatorname{pc}_t^{\operatorname{obj}} \in \mathbb{R}^{P imes 3}$

It incorporates more information about the motion of objects (e.g. movement direction and speed) in the near future, facilitating zero-shot transfer

K	Train m_1	Train m_2	Test Comb m_1	Test Comb m_2	Test New m_1	Test New m_2
0	98.01	72.09	94.36	46.64	93.96	49.27
5	99.38	74.59	92.85	48.43	94.79	53.71

Experiments: Configuration



TACO [1] is a large-scale bimanual tool-using dataset.

- 6 categories = {Dust, Empty, Pour in some, Put out, Skim off, Smear}
- 141 human demonstrations, 80% for training, 20% for testing
 - Test Comb: objects in the training set, different behavior
 - **Test New:** target object or tool not in the training set

Metrics

$$\begin{bmatrix}
\mathbb{I}_{1}: \exists 0 < t < T - u \sum_{t}^{t+u \text{ {tool,object}}} & \mathbb{I}\left(\|\mathbf{x}_{t}^{\text{obj}} - \hat{\mathbf{x}}_{0}^{\text{obj}}\|_{2} \leq \varepsilon_{\text{succ}}\right) \cdot \mathbb{I}\left(\mathbb{D}_{\text{quat}}(\mathbf{q}_{t}^{\text{obj}}, \hat{\mathbf{q}}_{0}^{\text{obj}}) \leq \varepsilon_{\text{succ}}\right) = u \\
\mathbf{m}_{2} = \frac{1}{nl} \sum_{i=0}^{n} \sum_{t=0}^{l-1} & \mathbb{I}\left(\|\mathbf{x}_{t_{i}}^{\text{obj}} - \mathbf{x}_{i}^{\text{obj}}\|_{2} \leq \varepsilon_{\text{track}}\right) \cdot \mathbb{I}\left(\mathbb{D}_{\text{quat}}(\mathbf{q}_{t_{i}}^{\text{obj}}, \mathbf{q}_{i}^{\text{obj}}) \leq \varepsilon_{\text{track}}\right)$$

[1] Liu, Yun, et al. Taco: Benchmarking generalizable bimanual tool-action-object understanding. CVPR 2024.

Experiments: Results



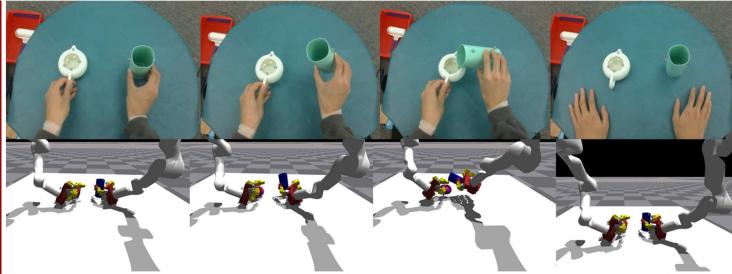
- BiDexHD-IPPO achieves near-complete stage-one success and high tracking quality for seen objects
- BiDexHD-IPPO+DAgger significantly outperforms both PPO variant and BC
- Explanation for poor performance of BC:
 - (1) Only one available demonstration for each task (2) Lack of kinematics & dynamics

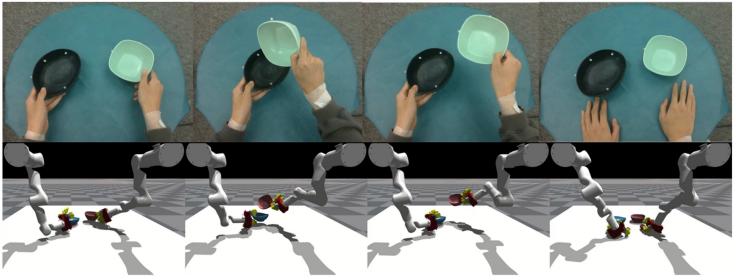
Method	Train $m_1(\%)$	Train $m_2(\%)$	Test Comb $m_1(\%)$	Test Comb $m_2(\%)$	Test New m ₁ (%)	Test New m ₂ (%)
BiDexHD-PPO	90.55	53.88	78.74	36.99	81.42	26.24
BiDexHD-IPPO (w/o stage-1)	25.00	17.52	24.80	18.10	19.85	08.51
BiDexHD-IPPO (w/o gc)	90.53	66.39	91.47	52.11	77.03	22.63
BiDexHD-IPPO (w/o bonus)	97.67	66.65	98.01	59.76	77.96	17.52
BiDexHD-IPPO	98.71	78.18	98.37	59.94	75.48	21.34
BC	00.00	00.00	00.00	00.00	00.00	00.00
BiDexHD-PPO+DAgger	95.35	55.82	76.75	30.42	86.34	30.00
BiDexHD-IPPO+DAgger	99.38	74.59	92.85	48.43	94.79	53.71

Experiments: Visualization



Vision-Based Policy Inference





Experiments: Scalability



ARCTIC [1] focuses on bimanual cooperative tasks of a single object. We build up **11** tasks in total, **8** for multi-task training, **3** for testing.

Metrics (%)	BiDexHD- IPPO	BiDexHD- IPPO+DAgger		
Train m_1	93.67	90.98		
Train m_2	86.75	80.49		
Test New m ₁	80.31	88.62		
Test New m ₂	53.47	65.99		

[1] Fan, Zicong, et al. ARCTIC: A dataset for dexterous bimanual hand-object manipulation. CVPR 2023.

Conclusion



Contributions

The **three-phase** framework, BiDexHD, unifies constructing and solving tasks from human bimanual demonstrations instead of existing benchmarks, providing a **scalable** solution to diverse bimanual manipulation tasks, and paving the way for deployment.

Future Extensions

- Explore adaptive strategies to achieve more precise spatial and temporal tracking.
- Incorporate a wider variety of real-world tasks, such as deformable object manipulation and bimanual handover.



Thanks

Bohan Zhou 2026.1.22